

**C.U.M.F.I. Supportive Living Homes**  
**Monthly Newsletter:**  
**August 2015**



Infinity House  
Kanawayimik Home  
Niwaapatahanaanik Home  
Trotchie House

## Infinity House

August has been a busy month for the moms and children at Infinity House! We currently have 5 moms – 4 long-term, 1 emerge – and 13 children. Our children have had a full summer, spending mornings at CUMFI's Literacy Camp and White Buffalo in the afternoons where they've gone swimming, on archaeological digs and made crafts.

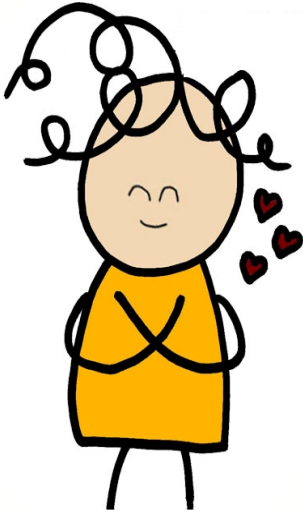


Our moms, too, have had an eventful summer! All of the ladies attend White Buffalo's Family Group Wednesday afternoons, where they spend time with their children doing various activities including the Western Development Museum, swimming, medicine picking and a scavenger hunt. So far this month evening staff has arranged for them to attend the grand reopening of Kinsmen Park, the Saskatoon Exhibition, and the spray park! In addition, our moms also attend NA, AA, Domestic-Violence Drop-In Group, MACSI, work with Parent Aides, addiction workers and counselling. Whew!



The end of August will see one of our long-term moms receive additional support and guidance on her path to recovery, as she and baby will be attending Prince Albert Family Treatment Center. We acknowledge how difficult attending treatment can be and are so proud of her for preparing to take the next step in her healing journey.

## August News Letter 2015



As fall approaches, Infinity House staff are ready to see the children head back to school and Self-Care Night start up again. Evening staff have prepared an outline of activities for September and October, including (but not limited to!) **Fun Nights** like crafts, nail art, inspiration-board making and make-up, and **Family Nights** where staff will take them for walks by the river, movie nights in our Resource Room, and bannock baking. There will also be a focus on healthy relationships during recovery, healthy boundaries, positive thinking, conflict resolution, budgeting, self-esteem, yoga, sharing circles with an Elder, and smudging.

*Infinity House is looking forward to meeting new moms and their children as we welcome new families into the Assessment Suites and the Coming Home Program.*



# August News Letter 2015

## Trotchie House



There are ten children with three dads that reside at Trotchie House.

Two children are in daycare; one of which attends White Buffalo Youth Lodge every day. The children's father works and attends programming every Monday and Thursday.

The oldest child also attended CUMFI Camp this month. She is a happy-go-lucky young lady! The family is working toward reunification and looks good in the future.!!

There are two children at Blackstrap Camp and the other attends day care while the father works and attends programming every Monday and Friday.



The father has taken time off of work to stay home and care for his family. The children attended CUMFI Camp and White Buffalo Youth Lodge. The father is looking into swimming classes for the fall and winter. They are all in good spirits and are grateful to be here. Camp was good and the rule was if they got into trouble it was ten push up - so they're now in good shape!!

There are two children that are away at the Tim Horton's camp and the other is at Bible camp. While one goes to daycare and the other goes to White Buffalo Youth Lodge programming.

Tim Horton's camp was a great time; one of the children got to do things he would have never been able to do if he hadn't gone to Tim Horton's Camp; such as white water rafting and exploring the mountains. He is a very excited young man.!! Bible camp was fun but the Girls Rock Camp was awesome. All the children attended CUMFI programming and White Buffalo Youth Lodge programming.

The children are now anxious and ready to go back to school.. so until next month.. take care and stay safe!!!!

*Our Family Together Forever*



# August News Letter 2015



## NIWAAPATAHANAANIK HOME

Summer's coming to an end and Niwaapatahanaanik parents are happy, why? Because the most wonderful time of the year is upon us.....SCHOOL! Back to learning our ABC's and 123's in a new classroom and new teacher. Awe.....the smell of new markers.

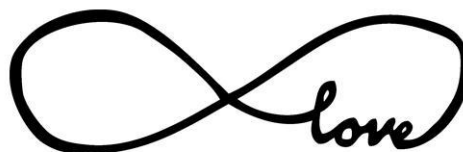


During the month of August the children at Niwaapatahanaanik Home participated in camps at Christopher Lake, CUMFI Head office and White Buffalo Youth Lodge. The parents continued to attend their weekly programming and meetings. Mathew Donkey also continued his support with Niwaapatahanaanik dad's with cultural events, meetings and appointments. All the families enjoyed this year's Exhibition and were full of stories that were shared with staff. One of the fathers shocked his children by going on the "Mach 3" ride; according to his children it's was the scariest ride on the mid-way. One little girl shared the roller coaster was her scariest.



It is a bitter sweet month for staff; we have two families that will be graduating from the Coming Home Program at the end of August. Although staff will miss these families immensely, staff wishes them all the best.

We are also happy to announce that one of Niwa's couples got married this month! We wish them nothing but the love and happiness!



## Kanawayimik Home



Kanawayimik Home houses 5 moms and 11 children. Staff has completed all Identification needed for our moms and children. Moms are all encouraged to have all their dental and immunizations.

We had 5 girls who have attended White Buffalo summer program. These same 5 girls have also attended the CUMFI Literacy program and really enjoyed it.



Our 4 moms are completely ready for school. Our moms have got their school supplies, backpacks and clothing for their children ready for school. Six children will be attending out community schools of St Mary's and Pleasant hill school



We recently had one mom finish the MACSI day program.

Staff has been working on meal menu's with some of the moms at Kanawayimik and so far our moms have been successful in cooking full meals for their families and no longer buy ready made foods.