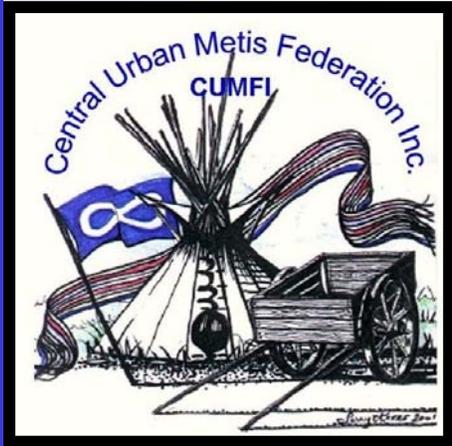


HESSDORFER HOUSE



Main Office:

315 Avenue M South
Saskatoon, SK S7M 2K5

Phone:

(306) 975-1949

Fax:

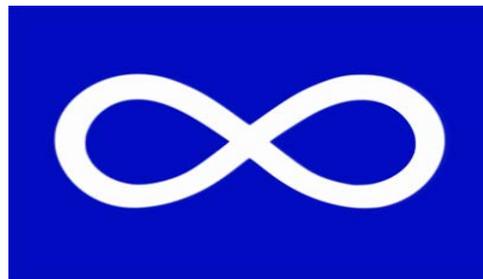
(306) 975-0388

E-mail:

e.bergstrom@sasktel.net



CENTRAL URBAN METIS FEDERATION INC.



CENTRAL URBAN METIS
FEDERATION INC.

HESSDORFER HOUSE



Supportive Home Living for Those
With Cognitive Disabilities.

HESSDORFFER HOUSE

Hessdorfer House was opened in December 2008 through a partnership of the Western Region Metis Women Association, who own the building, and Central Urban Metis Federation Incorporated, who administer the day to day operations.

Hessdorfer House is a small apartment building that provides supported living to individuals and families with cognitive disabilities such as FASD or acquired brain injury. There are 4 suites occupied by individuals or families and one suite that is occupied by a "house parent" who is available to provide support as needed. This means that residents have the dignity and privacy of their own self-contained residence, but also have improved safety and support on-site.

HOUSE RULES

Residents agree to abide by rules that are designed to enhance a calm environment and safety. These rules include:

- Being drug and alcohol free.
- Visitors need to leave at 11pm.
- No using or borrowing other resident's belongings.
- Smoking allowed in individual suites only.

The house parent is available to assist residents in a variety of ways such as problem-solving, transportation, shopping, parenting support, access to community resources and recreation, and is based on the needs of each resident. The presence of the house parent has been instrumental in children, instead of foster care, being able to live with their parents or relatives residing in the building. It also provides an alternative for adults who may otherwise be in group homes.

The house parent also ensures that the rules of Hessdorfer House are followed. The rules and the presence of the house parent create a safe, quiet and supportive environment within the building.

Hessdorfer House continues to be an effective and popular housing model. Residents have been supported to move onto greater independence. If not, they are welcome to remain at Hessdorfer House for an indefinite period of time.

CENTRAL URBAN METIS FEDERATION INC.

315 Ave M South

Phone: 306-975-9999

Fax: 306-975-9156

E-mail: cumfiadmin@sasktel.net